



MOONSTONE

Province of Malagentia
Newsletter



November 2018
Issue 2

First Set of Gender-Neutral Titles Approved for SCA Usage

In response to many requests for gender-neutral period titles, the SCA College of Arms has been conducting research and taking commentary on several proposed titles. The research project is being supervised by Mistress Ursula Georges of the Middle Kingdom, the Palimpsest Herald.

The College of Arms recently approved the first three gender-neutral titles – two titles in English and one in Latin. Titles in other languages are being researched and will be considered on a case by case basis after commentary. Offers of research assistance or proposals for directions for research should be directed to Mistress Ursula at rules@heraldry.sca.org.

The two English titles are *Noble* and *Armiger*. They can be used by any person who has an Award of Arms or higher. *Noble* is used before the name, as in “Noble John Smith” or “Noble Jane Doe.” *Armiger* is used after the person’s name, as in “John Smith, Armiger” or “Jane Doe, Armiger.”

Nobilis is an approved gender-neutral title in medieval Latin for use by those who hold an Award or Grant of Arms. In period documents, this title was typically used after a given name, as in “Haroldus nobilis.”



Seneschal Says

Our summer camping season has wrapped for another year. Now is the time to pack away the gear, or maybe fix that leak in your tent, start building that wooden chair, or add that beautiful persona-matching rug to your holiday gift list. Or maybe it's just time to hibernate for the winter! But before you start looking inward, think about next year's events! Want to run Harvest Moon next year? Perhaps you'd like to cook feast for Yule? Try your hand at GNE? Or were you so excited to participate in this year's Autumn's Inspirations, you have a bunch of ideas for next year! Put a bid in!! None of next year's events have bids submitted yet. If you know someone who is planning to put in a bid - poke 'em! Time is running out to make sure there is enough time to plan effectively for some of your favorite weekends and feasts. Perhaps you want to try a new event? We'll need a bid AND a budget request by early December. It's super easy to submit a bid - click on the tab at the top of our website and fill in the blanks. Reach out to me if you have any questions. Don't let these traditions disappear!

Yours in Service,
Lady Wynefryd Bredhers, Seneschal

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AUTUMN



Birka Garb Challenge !



Photo by
Brendan Crane



Once again, it is time to think about the fashion show at the Market Day at Birka. Attend and DC all the entries. Marvel at the creativity of your fellow Easterners.

And if you haven't heard it by now, her most royal Majesty, Vienna de la Mer has issued a garb challenge to the good gentles attending. She desires to see the skill with needle and thread of the populace in interpreting the theme, 'Marvel and DC – superheroes and villains.'

Wakanda ways can you bring your vision to life?

Categories are:

Early Period: 600-1100CE

Middle Period: 1100-1450CE

Late Period: 1450-1600CE

Children's garb

Group category

Newcomer

Queen's challenge

As always, you can compete in multiple categories as it applies to your entry.

If you have never participated in a fashion show before, now is your chance to shine! Don't let your shyness or lack of experience hold you back – we want to see your garb! Get together with friends and make something Fantastic Four all of you

No need to whip these up in a Flash and sew until your fingers are Thor – you have until next year!

Further details for time and location to be announced as the event approaches. Don't let it be just us in this league, join the challenge!

Yours in Service,

Baronessa Bianca Anguissola and House Strangewayes



EKCoP welcomes everyone, performers and interested audience members alike! Fill out the survey below to join our mailing list and keep up to date on our schedule of online classes and virtual open performing arts and bardic practices as well as the latest performing arts news in the East Kingdom. EKCoP welcomes all performers of all skill levels! We have musicians, poets, bards, storytellers, singers, Commedia dell'Arte, slight of hand, belly dancers, contortionists, improvisation aficionados, those not ready to perform in front of an audience, interested audience members and more!

For more information please contact:
EKCoP's acting Chatelaine Douglas Doan

chatelaine@ekcp.eastkingdom.org



MONO C7

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Chivalry Renewed
Tiffan Fairamay/Sylvan Thorncraft
August 3, 2018

I really like learning what people are passionate about, and sharing my passions and curiosities, too. As a result, especially these days, I keep having opportunities to speak about the Society for Creative Anachronism with people who haven't heard of it before. These conversations have caused me to reflect on why I enjoy this community so much, and how there are aspects of what we do that feel like they can, and do, ripple out into our mundane communities in important ways.

Though I have an abiding love for the arts and sciences, and the inspiration generated by our community's incredible creativity, I'm seeing how the concept of chivalry, and how it informs our actions within the SCA and beyond can be a powerful force for good.

In his lecture "The High Middle Ages" for Great Courses, Philip Daileader describes how around the year 1000, kings, counts and dukes (especially in what is now France) found themselves unable to restrain lower levels of nobility. Violence committed by nobles fighting with each other and with those who could not defend themselves was causing so much hardship for society at large that creative new solutions were required. The Church introduced codes of conduct like The Peace of God and the Truce of God to try to reduce violence committed by nobles and knights. But both the Peace and Truce of God were more like laundry lists of things one should not do, and were voluntary at that, making them limited in their effectiveness.

The notion of chivalry, as it began to be embraced in the 12th century, was a powerful influence because it inspired knights to take up a positive role within society. It did so by "[...] blending older heroic ideals with new ecclesiastical interests in trying to stop violence and stop [the] warfare that was plaguing Europe, and by combining elements that appealed to nobles with elements that protected people from nobles [...]" Chivalry was promoted mainly by chivalric romances where heroes would demonstrate certain qualities. The heroes were brave and honest. They were loyal and generous. They were able to display prowess on the battle field, and were also expected to have good manners and speak well. The heroes used all these qualities to defend, both the honor and person, of those who could not defend themselves. Many were also sent on quests to give them purpose and help focus their energies. These stories are very moving, even today. I wonder how many of us first found our interest the Middle Ages piqued through modern versions of the chivalric romances as young people. I know I did.

It feels like chivalry can and does serve us again in these modern times, especially if we explore applying these qualities beyond their original class and gender limitations. It helps us think about how we can use our talents and strengths to help each other. It can inspire us to take responsibility for our actions and think about how they affect other people. Of course, we're human, we don't always get it right, but what a great chance to learn. Recognizing that we sometimes make mistakes, and taking time to reflect about that, can generate humility that tempers how we act, helping us grow into deeper, wiser people who can distinguish the actions that will be helpful and necessary in the moment; into people who are able to trust our abilities and ask for help from allies when we know we have stretched beyond what we are currently capable of.

And, yes, I know that I'm cherry picking here. There are plenty of things that were considered chivalrous back in the day, that don't seem like good ideas at all now. But I still think that chivalry can be a helpful touch stone that offers inspiration, particularly when we take into consideration what we've learned since those early days, where we are now as a people, and where we might hope to go together in the future. When I say bravery, honesty, loyalty, generosity, prowess, good manners, and speaking well now, our modern minds may conjure up different ideas and images than someone from the 13th century, but that need not diminish the value of our modern version. Acting in chivalrous ways can help inspire us to be more generous, loyal, and brave than we may think possible. Practicing the qualities considered chivalrous can help me feel more expansive and open, more able to share. Even though people certainly can be motivated to behave in chivalrous ways in order to win the favor of others, I find that practicing these qualities can also help me find self-worth and dignity from within myself, rather than depending on valuation from the world around me.

This is in no way a definitive exploration of chivalry. I simply offer these musings as grist for the mill. Each of us will have our own experience, and humbly I offer mine in hopes that it may resonate with you in a good way. And so before I close, it feels only right in the interest of behaving in a chivalrous manner, to thank Wynefryd Bredhers (Kimberly Ballard) for her encouragement to find these words after the idea that sparked them emerged in conversation earlier this spring. I find that she models the qualities of chivalry quite beautifully. I think that ultimately, this is one of the great gifts of the SCA. There are so many wonderful and inspiring people in this community, and we get to keep reminding each other how to be our best selves, and live from that place whether we're at an event or in our daily lives back home. Time and time again I am so impressed by the beautiful words spoken in court, the personal generosity (of time, talent, resources, knowledge...) and dedication displayed, the encouragement offered to each other as we hone our skills, and so much more. The qualities of chivalry make all the interactions we share, all the activities we do, all the work it takes to make the magic happen more juicy, more engaging, and more rich. It's a big part of why I enjoy the SCA, and I love that we can do that for each other. Thank you!

Daileader, Philip, "Great Courses: The High Middle Ages I," Disc 2, Track 4a, 2001. (Available through the MINERVA system of interlibrary loan in the state of Maine.)



The King's Table Recipes for a Medieval Feast

French Country Sausage (Saucisse a Cuire)

Sausage making dates to ancient times; it evolved as a way to maximize the yield of a hunt and preserve meat that could not be consumed fresh at slaughter. The word sausage derives from the Latin word *salsus*, which means salted, or preserved. Sausage recipes from around the world reflect local climates, cuisines, and ingredients. This recipe combines ingredients that would have been typically used during the Middle Ages in French country cooking. Sausages were traditionally stuffed into casings of animal intestines, or fried as patties, as below.

Recipe by Robin Trento (courtesy of J Getty Trust)

1 pound fresh pork (shoulder or Boston butt) 1 pound fresh veal (stew meat or shank) ½ pound slab bacon, rind removed 1 tablespoon each freshly ground pepper and salt 1 teaspoon each of fresh herbs (thyme, sage, marjoram, parsley) all finely chopped 1 teaspoon each of exotic spices (nutmeg, cinnamon, cloves) all ground ¼ cup dry white wine 2 to 4 tablespoons flour (for light dusting of sausage patties before frying) Vegetable oil, as needed (for pan frying)

1. Chop meat, and slab of bacon (with its fat) into coarse pieces. Partially freeze meat. 2. Place these very cold meat chunks (excluding bacon) into a meat grinder on a medium coarse setting and grind them all together. 3. Finely dice the cold bacon pieces (including fat) by hand, and add to ground meat mixture. 4. Mix in the salt, herbs and spices; then pour in white wine. Blend well with fingers. Allow the mixture to rest overnight in a tightly covered bowl in refrigerator so all flavors can mingle. 5. With moistened hands, shape the sausage mixture into round patties about ¾" thick and 2" wide. Lightly dust both sides of the patties with flour prior to frying. Place them in a lightly greased pan set over medium heat. As they cook, gently press the patties with a slotted spatula to squeeze out excess fat. Brown patties 5 to 8 minutes on each side, then drain on paper towels and serve hot.

Makes 20 sausage patties

SPOTLIGHT ON ARCHERY




The bow was often the medieval man's most important weapon. It enabled him to feed his family and defend his home. As the archers at Agincourt proved, it rapidly became an essential element of the arts of war. SCA archery emphasizes the importance of both speed and accuracy. Using only that equipment known before 1600 (the long bow and the cross bow – no compound bows allowed) Society archers compete against one another in contests that emulate the training a medieval archer would have received. And Society archery has no age limit – its a wonderful way for those under 18 to participate.

Local archery practice takes place on a regular basis during warm weather.



CALENDAR OF EVENTS

NOVEMBER 2018

Saturday 3rd	Crown Tournament of Wilhelm & Vienna	
	Barony of Endewearde - Ellsworth, ME	
Saturday 3rd	Ffesty pen - A Welsh feast day and Eisteddfod **	
	Barony of Settmour Swamp - Millington, NJ	
Saturday 10th	St Andrews Travels North - First Stop Sienna	
	Barony of An Dubhaigeainn - Middle Island, NY	
Saturday 10th	St. Eligius Arts and Sciences Competition	
	Barony of Dragonship Haven - Meriden, CT	
Friday 16th – 18th	Musicians' Day	
	Crown Province of Ostgardr - Peekskill, NY	
Saturday 17th	100 Minutes War Shire of Rusted Woodlands - Sparta, NJ	
Saturday 17th	The Great Quintavian Iron Scribe competition	
	Shire of Quintavia - Berlin, MA	
Saturday 24th	Herne the Hunter and Tir Mara Rapier Championship	
	Canton of Seashire - Middle Sackville, NS	

DECEMBER 2018

Saturday 1st	Feast of St. Nicholas	
	Barony of Concordia of the Snows - New Lebanon, NY	
Saturday 1st	Yule	
	Barony of Bergental - Greenfield, MA	
Sunday 2nd	Bridge Birthday	
	Barony of the Bridge - North Kingstown, RI	
Saturday 8th	A Mid-Winter's Celebration	
	Barony of Stonemarche - Nottingham, NH	
Saturday 8th	Bhakail Yule Revel XL	
	Barony of Bhakail - Philadelphia, PA	
Saturday 8th	King's and Queen's Fencing Champions	
	Shire of Quintavia - Bolton, MA	
Saturday 15th	Investiture of the Barony of Buckland Cross	
	Shire of Buckland Cross - Warminster, PA	

Vienna's Favor

The design is a stylized V with a Heartsease bloom (Viola tri-color). Heartsease – known by many names, including Johnny Jump up, Viola tri-color, Love-in-idleness – is a common European wild flower known in medieval times for its medicinal properties. It is well known in mythology, mentioned frequently in Shakespeare's plays, and is one of Vienna's favorite flowers. The favor may be embroidered, painted, silkscreened, stamped, or other embellishment techniques as the maker sees fit. The background fabric color is medium Royal blue (DMC 798). The design can be done in the following manner at the discretion of the artist: □ White V. The V may be outlined or filled. □ Heartsease: top two petals are dark purple (DMC 550); middle two petals are mid. Purple (DMC 553), and the bottom petal is gold (DMC 728); the lines in the bottom three petals are dark purple. The leaves are green (DMC 3818). (Embroidery floss colors are guidelines, not requirements.) □ Overall dimensions: Approximately 3.5" wide by 10" long with finished edges. Fold over about 3" and stitch down to make a belt loop. Finished favor should be approximately 3.5" wide by 7" long including the belt loop. Each favor can be constructed as a single layer of fabric or as a sturdier lined (backed) piece. For single layers, cut fabric to 4.5" by 11" and do a narrow rolled hem on all 4 sides. Fully-backed favors can be two 4.5" by 11" pieces stitched together, turned right-side out and the opening stitched shut or one 8" by 11" piece can be stitched down the long side into a tube, flattened, stitched across the bottom, turned right-side out, and the opening stitched shut. Completed favors can be given to the Favor Coordinator, Lady Anne de de Basillon, or to any member of the Royal Staff, or they can be mailed to: (Lady Anne de de Basillon) Bridgette Rodriguez, 830 Pinewood Ave., Schenectady NY 12309. HRH Vienna greatly appreciates your help in creating Her favors – Thank You!



Fabric painted example

courtesy of

Lady Arabella de Mere

**Wanted
Help**

The Chronicler looking for a few good articles for future newsletters. If you have wanted to be published now is your chance. Any article of any length or will be accepted for publication. Please consider adding your talents to our Province newsletter.

ted a Deputy Chronicler to learn the ropes – substitute when Chronicler is unavailable to record province meeting minutes and newsletter. Eventually replace Chronicler into the position next election.

Inquire within to Elle du Pepperell.

PROVINCE OF MALAGENTIA – OFFICERS

Seneschal

Lady Wynefryd Bredhers

Chatelaine

Lady Thalia of Malagentia

Chronicler

Elle du Pepperell

Minister of Arts and Sciences

Lady Embla Knutrdottir

Herald

Lord Joshua Mustard

Web Minister

Lord Nicol mac Donnchaidh

Chancellor Minor

Vacant

Archery Captain

Lord Deormund Wulfscyld

Mistress of the Lists

Baroness Ellice de Valles

Quartermaster (Deputy to the Exchequer)

Lord Samuel Peter DeBump

Rapier Marshal

Lord Mat Wyck

Exchequer

Baroness Molly Schofield

Knight Marshall

Lord Richard Crowe

RIDINGS

Giggleswick

Master Stefan Of Silverforge

Ravensbridge

Lord Magnus Morte

For the latest goings on in Malagentia this month, please visit our website <http://malagentia.eastkingdom.org>

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There are no August publications in Malagentia.